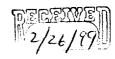


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February 18, 1999

James T. Tanner, Ph.D.
Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 "C" St., S.W. (HFS-450)
Washington, D.C. 20204



Dear Mr. Tanner:

Pursuant to Section 6 of the Dietary Supplements Health and Education Act of 1994, Rainbow Light Nutritional Systems, Inc. wishes to notify the Food and Drug Administration that it has within the past 30 days, commenced marketing a dietary supplement which bears statements of nutritional support.

The dietary supplement for which the statements is made is 40+ Complete Menopause SystemTM. The statements of nutritional support read as follow:

"Vitamins and minerals to support consistent body temperature, promote bone health, support relaxation and replace nutrients especially sensitive to night sweats."

"Soy extract, providing isoflavonoids including genistein, Genistein supports a healthy balance of female hormones such as estrogen, which declines as women age."

These statements are accompanied by the required disclaimer which is prominently displayed in bold-faced type.

These statements of nutritional support are based on data which renders these statements substantiated, truthful and non-misleading.

Sincerely,

Rainbow Light Nutritional Systems, Inc.

Margas Johnen-

Margaret Johnson

Executive Administrator

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